

My Health LA is a Los Angeles County program that provides health care at no cost to low income families who are not eligible for Medi-Cal or Covered California. People are welcome to apply regardless of immigration status. You don't need to worry - your information will NOT be shared with immigration authorities.

To apply, contact MHLA Member Services (844) 744-6452 for more information.



Meet CARMEN My Health LA recipient

Carmen is one of 120,000 people in Los Angeles who are now part of this program.

"I have high blood pressure and I've been able to get quality care through MHLA. The best part is that you don't need immigration papers to apply."

-Carmen, 57



